



Whether you are a patient staying at Northwest Medical Center – Bentonville, receiving therapy in preparation for your return home, or if you are coming to us on an outpatient basis after school or work, we want to be your first choice for rehabilitation therapy.

The wide range of evaluation and treatment services available at Northwest Rehab Therapy at The Agility Center provides comprehensive patient solutions in orthopedics and rehabilitation all in one convenient location. The skilled physicians, therapists and professional, friendly staff make it their mission to provide the best care for your agility issues.

To learn more about Northwest Rehab Therapy at The Agility Center or to schedule a tour, please contact us at:

479-553-4292

Or visit  
[www.northwesthealth.com](http://www.northwesthealth.com)



**Northwest Rehab Therapy  
at The Agility Center**

1500 SE 28th Street  
Bentonville, AR 72712

[www.northwesthealth.com](http://www.northwesthealth.com)

## NORTHWEST REHAB THERAPY AT THE AGILITY CENTER



“When an injury occurs, we know you have a choice in where you receive rehabilitation. We want your first choice to be Northwest Rehab Therapy. Give us a try. We are confident you will like what we have to offer.”

— Rob Phillips, P.T.  
Director of Rehab Services  
Northwest Medical Center – Bentonville



**The Agility Center** is an innovative combination of facilities and services joined together under one roof. Its purpose is to prevent and treat diseases and injuries of the joints, muscles, bones, back, neck and brain. Located adjacent to Northwest Medical Center – Bentonville, the unique clinical concept was created in response to a significant need among healthcare consumers in the Northwest Arkansas region, where some 50,000 cases of aching joints, backs and necks are reported each year.

Today, The Agility Center is a solution for many of the common symptoms attributed to aging, where people can come to learn why it's harder to get out of bed in the morning and find out how to improve their quality of life.

**The Agility Center** is dedicated to preventing, diagnosing and treating illnesses and injuries of the joints, muscles, bones, spine and neck.

The Agility Center's goal is to provide the best patient care possible by directly linking the physician clinics – where a number of skilled, specialized doctors are available – with a rehabilitation center that offers everything needed for patient recovery. Patients enjoy the convenience of having a full range of care in one facility.

## **Northwest Rehab Therapy Services**

The goal of our rehabilitation services is to maximize our patients' abilities so that they can become as independent as possible. The following services are offered through our programs:

### **Occupational Therapy**

Services include functional retraining, work simplification techniques, splinting and transfer mobility training, and evaluation and treatment of hand and elbow pathologies.

### **Physical Therapy**

Services include treatment of neck and back injuries, fractures and dislocation of joints, pre-operative and post-operative conditions, neurological disorders, arthritis, workplace injuries and athletic injuries.

### **Speech Therapy**

Services include developing pronunciation, verbal and written language, voice, swallowing techniques, aural rehabilitation and retraining the thought process.

### **Sports Medicine**

Our Sports Medicine program is designed for the prevention and treatment of sports-related injuries. Certified athletic trainers work with area schools to maximize the athlete's potential.

### **Aquatic Therapy**

The Agility Center's full-size swimming pool – the centerpiece of the rehabilitation center – features an underwater bicycle, the only training system of its kind in the area. It provides for physical therapy in comfort, with less weight and strain on joints.